

# What is Lifelong Links?

**Lifelong Links** is for young people in care where there is no plan for you to return home or to be adopted. Lifelong Links could help to find and bring together important people in your life who care about you. This could be people you know well or have not seen for a while (friends, teachers, faith and community groups, previous foster carers) and even relatives that you have not yet met!

## How does it work?

A trained Lifelong Links coordinator will work with you and listen to what you want. They will need your help to;

**1**  
Learn about the people that are important to you

**2**  
See if they can find these people

**3**  
Discuss with you and your Social Worker if they should be invited to a meeting called a Family Group Conference

**4**  
Make a plan in the meeting to meet and remain in contact with you

## Remember:

Lifelong Links will only happen with your agreement and if you change your mind, you can tell your carer, social worker or coordinator.

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