



Short Breaks 4 me grant

Short Breaks 4 Me is aimed at families that are residents of The London Borough of Barking and Dagenham, with children aged 1-17 years that have a disability or severe healthcare and cannot access leisure activities in the community without additional help or support. For example, they need constant supervision, 1:1 help or have a difficulty communicating.

This may include some children who are eligible for Portage, Early Help or those with an Education Health and Care (EHC) Plan or a statement of Special Educational Needs (SEN).

How to apply

Thia grant can be applied for on an annual basis and is £200.00 per eligible child. Whether you have applied previously or are new to the grant, you can apply by visiting www.shortbreaks4me.co.uk. If you do not have one already, you will need to create an account before any application can be submitted. Once registered, click on 'Apply for grant' and select the relevant application form.

How the grant can be spent

There is a marketplace available at www.shortbreaks4me.co.uk where you can purchase anything from experience days to vouchers and more. If you cannot find anything suitable, you can submit a 'Special Spend Request' which is sent to the Short Breaks Team for approval.

More information

There is a host of information at www.shortbreaks4me.co.uk including the eligibility criteria, frequently asked questions and links to external sources which you should hopefully find useful.