

Public Health Team
Barking Town Hall
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Barking
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4th July 2024

Before you travel this Summer, protect your children against measles.

Dear Parent/Carer,

Many countries are reporting increased numbers of measles cases. With the rise of measles cases in London, including Barking & Dagenham, the NHS is advising parents to take measures to protect their children against this serious disease.

Any child aged 1–12 years who has not already received two doses of the MMR vaccine is invited to receive a free vaccination on Saturday 13th July at Valence Library (Becontree Avenue, RM8 3HT) between 10am and 4pm. Measles, mumps and rubella can be serious, and two doses of this vaccine gives lifelong protection.

There's no need to book an appointment simply drop in between 10am and 4pm. Free family activities will be provided to keep children entertained while you wait.

To make the process smoother, please bring your child's red book or vaccination record if you have it. If you're unsure whether your child has had two doses of the MMR vaccine, you can speak to staff at the clinic. And if your child is not registered with a GP, they can still get vaccinated and registered. For a quicker process give a consent for your child's immunization: <https://london.schoolvaccination.uk/polio/2023/BarkingAndDagenham>

Please follow UKHSA guidance how to keep your family healthy on holiday <https://ukhsa.blog.gov.uk/2024/06/28/from-measles-to-malaria-how-to-keep-you-and-your-family-healthy-on-holiday/>

Yours faithfully



Matthew Cole

Director of Public Health
London Borough of Barking and Dagenham